#### Simulation Improves Critical Incident Knowledge and Skills

AiAMC Breakout Session

Brad Gable, MD and Drew Kalnow, DO





# **Critical Incident Stress Management**







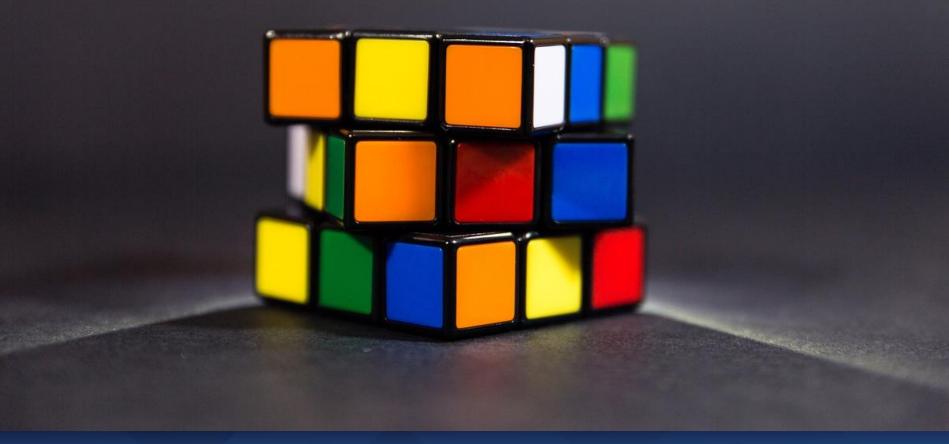
# Defusion

Skill or technique that is primarily used to detach, separate or obtain distance from our thoughts and emotions.











## What did we do?







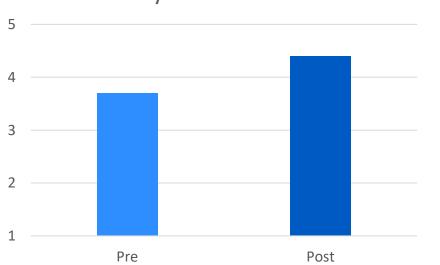
## What did we do?







**Results** 



#### Identify a Critical Incident

#### 5 4 3 2 1

Pre

**Understands Resources** 



Post









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